

5x7 FRAME DESIGNS

New method - no pokies!!

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Supplies:

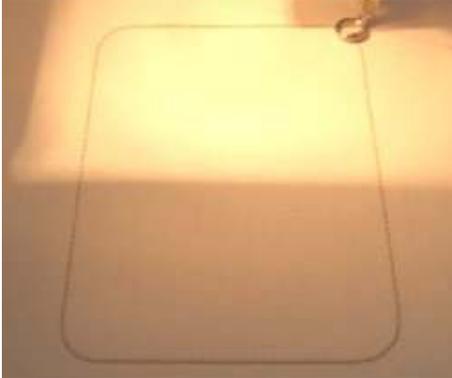
Sanded Twill cloth, duck cloth or 8 oz. denim bull drill cloth to fit your hoop.

Pellon Stitch 'n Tear stabilizer or any medium weight tear away

Vilene or Aqua Magic wash away stabilizer (1" bigger than the picture openings)

Standard 5x7 purchased picture frame (8x10 frame for 8x10 4-pic frames)

NOTE: These instructions are for all of my frame designs regardless of the number of picture openings.



1. Hoop sanded twill or denim bull drill cloth and then center 2 pieces of Pellon Stitch 'n Tear under the hoop. The first color in the design is the outline of the opening.



2. Remove hoop & trim the fabric & one layer of the stabilizer from inside the outline. Leave the second piece of stabilizer in the opening for now.



3. The next color in the design sews a zigzag underlay around the picture opening.



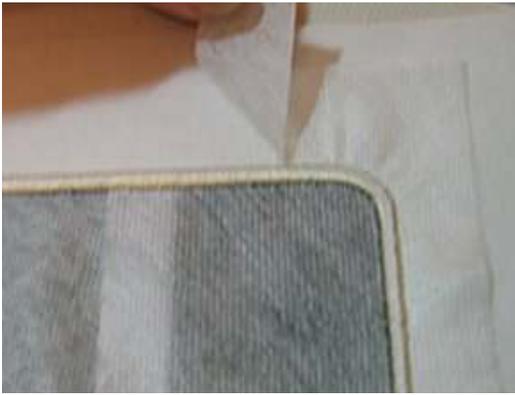
4. Remove hoop and trim the last piece of tear away stabilizer from inside the picture opening.



5. Flip the hoop over to back side. Spray a piece of water soluble stabilizer with temporary adhesive spray & center over the picture opening. (or tape in place)



6. Stitch the final satin outline of the picture opening.



7. Remove hoop, flip it to the back side. Trim the stabilizer from the OUTSIDE edge of the opening. Leave the vilene in the middle for support.



8. Stitch rest of the design following the instructions in the text file included with your designs. The last color is the final 5x7 zigzag outline of the picture frame.



9. When finished with design, flip hoop over & trim the vilene from the opening. Run a wet rag along edge to dissolve any remaining vilene. Do not get frame too wet!



10. Use a straight edge and rotary cutter to trim around the final 5x7 zigzag outline. After trimmed, it should fit perfectly in a standard purchased 5x7 photo frame.



11. Steam iron the design on the wrong side until it is nice and smooth and flat.



12. Add the frame design and your favorite picture to a standard 5x7 frame and you are finished!